BEFORE THE STORM

Hurricane season typically lasts from June 1st to November 30th

American University of Antigua (AUA) College of Medicine and American International College of Arts and Sciences-Antigua (AICASA) will give advance notice of all approaching storms. Though Antigua is not usually impacted by hurricanes, you should still be prepared for the possibility.

HOW TO PREPARE.



Get hurricane updates from local radio or television stations. Be sure to check the AUA/AICASA website for progress reports and official instructions.

In advance of the storm, stock up on all items listed in the emergency checklist.

Bring all outdoor objects inside and anchor those that cannot be brought indoors. This must be done in advance. Do not, under any circumstances, go outside during the storm.



Adjust your refrigerator and freezer to the coldest setting. Freeze small containers of water ahead of time. which will continue to keep your items cold if the power goes out. If you open the door only as needed, refrigerated perishables can last for about 4 hours, while those in the freezer are safe for up to 24 hours.

Protect your important documents, passport, pictures, etc. by keeping them sealed in watertight containers.

DURING THE STORM

Your most important task is to remain indoors and stay alert. Take these simple steps to prepare vourself:

- Close all interior doors, curtains, and blinds, and stay away from windows.
- Keep a blanket, flashlight, and drinking water on hand. Your remaining supplies should also be easily accessible.
- Continue listening to the radio for weather updates.
- Keep your electronics off and unplugged unless otherwise instructed.

i **EMERGENCY INFORMATION**

(\mathcal{G}) PHONE NUMBERS

ISLAND

10211112	
General/Medical Emergency	911 or 999
Ambulance/Hospital	
Fire Department	
Office of Disaster Preparedness	
U.S. Consulate	

AUA & AICASA

Campus Emergency Line	
Health Clinic	484-8900 ext. 1562
Campus Securities	.484-8900 ext. 1206

WEBSITES

Weather Underground wunderground.com

Antigua & Barbuda Meteorological Services antiguamet.com

Federal Emergency Management Agency (FEMA) ready.gov/hurricanes

American Red Cross j.mp/rcprep

Center for Disease Control-Hurricane Preparedness j.mp/cdcstorm

AFTER THE STORM

If you have power, check your AUA/AICASA email for campus reopening and class scheduling updates. If not, listen to the following Antigua-based FM radio stations for local updates.

- 88.5 Power FM
- 90.3 ABS Radio
- 91.1 Observer Radio
- 91.9 Hitz FM
- 92.3 Caribbean Radio Lighthouse
- 92.9 Vibz FM
- 94.1 Rogers
 - Radio Caribbean

CONTACT PROCEDURE

Each housing area will have a designated student and faculty representative. After the storm, students must immediately contact their student representative. More information about these representatives will be provided during orientation.

RETURNING HOME

If evacuated, you may return to a damaged or flooded home. For insurance purposes, take photos of all serious damage before cleaning up. If there is debris that can't safely be removed, contact your faculty representative for further instruction.

Check for and remove spoiled items from your refrigerator immediately. For the next few weeks, boil tap water before consuming to be safe.

When outside, look out for scattered nails and live wires. Wear thick-soled shoes.

100.1 Sun FM • 102.3 Variety Radio

• 98.1 Caribbean

99.1 Hit Radio

Relav

- 102.7 ZJF
- 103.1 Abundant Life Radio
- 107.5 Crusader Radio
- 97.1 RadioZDK

EMERGENCY CHECKLIST

- □ Batteries
- □ Battery-operated radio
- □ Flashlights
- □ Bottled water one gallon of water per person per day
- Cash (credit card readers and ATMs may be down after the storm)
- □ Duct tape
- □ First aid kit
- □ Full tank of gas
- □ Insect repellant
- Non-perishable food: canned food, energy bars, crackers, cookies, cereal, etc.
- □ Manual can opener
- □ Medicine (over-the-counter and prescription)
- □ Watertight bags and containers
- □ Trash bags

Depending on your accommodations, you may be moved to an AUA/AICASAdesignated shelter. Transportation will be arranged. If evacuated, you are allowed to take one bag only. Remember to pack:

- □ Clothes for up to 3 days
- □ Fully charged portable electronics: laptop, phone, etc.
- □ Important documents and money (passport, ID, credit cards, cash, etc.) stored in a watertight container
- □ Non-perishable food for up to 3 days
- □ Toiletries: toothbrush, toothpaste, toilet paper, soap, deodorant, etc.
- □ Pillow and blanket
- Prescribed and over-the-counter medication
- Towel
- □ Water for up to 3 days



YOUR GUIDE TO HURRICANE PREPAREDNESS

ANTIGUA & BARBUDA



 \bigcirc 100% PRECIPITATION % 74–155+ MPH WINDS



